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# Critical Illness Insurance

Protection when faced with a critical illness diagnosis



## Think About This



Every 40 seconds, an American will suffer a heart attack<sup>†</sup>



Every 40 seconds, someone in the U.S. has a stroke<sup>†</sup>



By 2035, 45.1% of the U.S. population is projected to have some form of CVD<sup>††</sup>

If you're diagnosed with a critical illness and it keeps you out of work, the impact to your finances can grow quickly. Critical Illness Insurance can help ease your mind so you can focus on getting better.

### Here's How It Works

- Select a benefit and premium amount to meet your needs
- Premiums will be deducted each pay period
- If you're diagnosed with a critical illness, file a claim and you may receive a lump-sum cash benefit\*

### Protecting Your Finances

You've worked hard for your savings – don't let a critical illness wipe them out.

- Protect your checking and savings
- Don't dip into your 401(k)



### Meeting Your Needs

- Guaranteed Issue coverage without a Pre-Existing Condition Limitation\*
- Coverage can include your dependents
- Benefits paid regardless of any other medical or disability plan coverage
- Coverage may be continued; refer to your certificate for details

Coverage offered to the employees of:  
**City of Omaha**



<sup>†</sup>Heart Disease and Stroke Statistics—2023 Update: A Report From the American Heart Association.

<sup>††</sup>CVD = Cardiovascular Disease. <https://www.heart.org/en/news/2019/01/31/cardiovascular-diseases-affect-nearly-half-of-american-adults-statistics-show> \*Please refer to the Exclusions and Limitations section of this brochure.

# Meet Carlos



## Choose

Carlos signs up for Critical Illness Insurance during his employer's Open Enrollment.

## Use

A few months later, Carlos learns he has a coronary artery disease. Here's his story:



### Wellness Exam

Carlos' doctor detects a heart condition during his annual wellness exam



### Diagnosis

After more tests and a visit to a cardiologist, Carlos is diagnosed with coronary artery disease



### Decision

His doctor recommends surgery to remove a blockage and tells Carlos his recovery will take six to eight weeks



### Surgery

Carlos has bypass surgery and is in the hospital for 4 days



### Recovery

Carlos goes home to begin his recovery and has regular doctor visits

## Claim

Carlos files a claim on his Critical Illness coverage through the convenient web portal, **MyBenefits**. He receives a lump-sum cash benefit for:

- Fixed Wellness Rider
- Coronary Artery Bypass Surgery

### MyBenefits Claim Filing Portal

[standard.com/ahl/mybenefits](http://standard.com/ahl/mybenefits)

Offers 24/7 access to important information about your benefits. eSign, submit and check your claims (including claim history), request cash benefits to be direct deposited, make changes to personal information, and more.

## Here are some of the ways Carlos can use his cash benefits



### Finances

Can help protect savings, retirement plans and 401(k)s from being depleted



### Travel

Can help pay for expenses while receiving treatment in another city



### Home

Can help pay the mortgage, continue rental payments, or home repairs for after care



### Expenses

Can help pay for his family's living expenses, such as bills, electricity, and gas

The example above details a fictional situation; your individual experience may vary. For a listing of benefits and benefit amounts, see pages 3 and 4.

## Benefit Amounts

Percentages below are based on the Basic Benefit Amount of \$10,000 chosen by your employer.

<sup>†</sup>Covered dependents receive 50% of your benefit amount.

Initial Critical Illness Benefits <sup>†</sup>		Plan 1	Plan 2
Heart Attack (100%)		\$10,000	\$10,000
Stroke (100%)		\$10,000	\$10,000
End Stage Renal Failure (100%)		\$10,000	\$10,000
Major Organ Transplant (100%)		\$10,000	\$10,000
Coronary Artery Bypass Surgery (25%)		\$2,500	\$2,500
Waiver of Premium (employee only)		Yes	Yes
Cancer Critical Illness Benefits <sup>†</sup>		Plan 1	Plan 2
Invasive Cancer (100%)		n/a	\$10,000
Carcinoma In Situ (25%)		n/a	\$2,500
Reoccurrence of Critical Illness Benefits <sup>†</sup>		Plan 1	Plan 2
Initial Critical Illness (same amount as Initial Critical Illness Benefit)		Yes	Yes
Cancer Critical Illness (same amount as Cancer Critical Illness Benefit)		No	Yes
Rider Benefits		Plan 1	Plan 2
Skin Cancer Rider		n/a	\$250
Cardiopulmonary Enhancement Rider <sup>†</sup>			
Sudden Cardiac Arrest (25%)		\$2,500	\$2,500
Pulmonary Embolism (25%)		\$2,500	\$2,500
Pulmonary Fibrosis (25%)		\$2,500	\$2,500
Second Evaluation, Transportation and Lodging Rider			
Second Evaluation		\$1,000	\$1,000
Non-Local Transportation <sup>1</sup> (per trip or mile*)	Air Fare Personal Vehicle	\$500 \$0.50/mi.	\$500 \$0.50/mi.
Outpatient Lodging <sup>2</sup> (daily)		\$100	\$100
Family Member Lodging <sup>2</sup> (daily) and Transportation <sup>1</sup> (per trip or mile*)	Air Fare Personal Vehicle	\$100 \$500 \$0.50/mi.	\$100 \$500 \$0.50/mi.
Specified Chronic Illness Rider <sup>†</sup> (50%)		\$5,000	\$5,000
Specified Chronic Illness or Injury Rider <sup>†</sup>	Illness (50%) Injury (100%)	\$5,000 \$10,000	\$5,000 \$10,000
Supplemental Critical Illness Rider <sup>†</sup>			
Advanced Alzheimer's Disease (100%)		\$10,000	\$10,000
Advanced Parkinson's Disease (100%)		\$10,000	\$10,000
Benign Brain Tumor (100%)		\$10,000	\$10,000
Coma (100%)		\$10,000	\$10,000
Complete Loss of Hearing (100%)		\$10,000	\$10,000
Complete Loss of Sight (100%)		\$10,000	\$10,000
Complete Loss of Speech (100%)		\$10,000	\$10,000
Paralysis (100%)		\$10,000	\$10,000
Fixed Wellness Rider (per year)		\$75	\$75

<sup>1</sup>Limit of \$5,000 in a calendar year. <sup>2</sup>Limit of \$1,000 in a calendar year. \*Maximum of 1,000 miles.

## Plan 1 - Bi-Weekly Issue Age Premiums

Age	EE, EE+CH	EE+SP, F
Uni-Tobacco		
18-29	\$1.66	\$2.90
30-39	\$2.62	\$4.38
40-49	\$4.14	\$6.68
50-59	\$7.04	\$11.08
60-64	\$11.52	\$17.98
65+	\$16.08	\$24.74

## Plan 2 - Bi-Weekly Issue Age Premiums

Age	EE, EE+CH	EE+SP, F
Uni-Tobacco		
18-29	\$2.84	\$4.78
30-39	\$4.66	\$7.54
40-49	\$8.16	\$12.90
50-59	\$14.02	\$21.90
60-64	\$22.42	\$34.80
65+	\$29.34	\$45.16

EE = Employee; EE+SP = Employee + Spouse;  
EE+CH = Employee + Child(ren); F = Family

## **Benefits** - Benefits paid upon diagnosis of the following conditions (subject to maximums as listed on page 3)

\*Benefits paid once per covered person. When all benefits in this category are paid, the coverage terminates.

### **Initial Critical Illness Benefits\***

**Heart Attack** - the death of a portion of the heart muscle due to inadequate blood supply. Established (old) myocardial infarction and cardiac arrest are not covered

**Stroke** - the death of a portion of the brain producing neurological sequelae including infarction of brain tissue, hemorrhage and embolization from an extracranial source. Transient ischemic attacks (TIAs), head injury, chronic cerebrovascular insufficiency and reversible ischemic neurological deficits are not covered

**End Stage Renal Failure** - irreversible failure of both kidneys, resulting in peritoneal dialysis or hemodialysis. Renal failure caused by traumatic events, including surgical trauma, are not covered

**Major Organ Transplant** - pays either Candidate Benefit if placed on National Transplant List, or Surgery Benefit for transplant of heart, lungs, liver, pancreas or kidneys. Lungs and kidneys are each considered one major organ, regardless of whether one or both lungs or kidneys are transplanted. Surgery Benefit not paid if Candidate Benefit paid for the same major organ; also not paid for mechanical or non-human organs

**Coronary Artery Bypass Surgery** - to correct narrowing or blockage of one or more coronary arteries with bypass graft. Abdominal aortic bypass, balloon angioplasty, laser embolectomy, atherectomy, stent placement and non-surgical procedures are not covered

**Waiver of Premium (employee only)** - premiums waived if disabled for 90 consecutive days due to a critical illness or specified disease

### **Cancer Critical Illness Benefits\***

**Invasive Cancer** - malignant tumor with uncontrolled growth, including Leukemia and Lymphoma. Carcinoma in situ, non-invasive or metastasized skin cancer and early prostate cancer are not covered

**Carcinoma In Situ** - non-invasive cancer, including early prostate cancer (stages A, I, II) and melanoma that has not invaded the dermis. Other skin malignancies, pre-malignant lesions (such as intraepithelial neoplasia), benign tumors and polyps are not covered

### **Reoccurrence of Critical Illness Benefits\***

**Initial Critical Illness** - second diagnosis more than 1 month after the first date of diagnosis for which an Initial Critical Illness benefit was paid

**Cancer Critical Illness** - second diagnosis more than 1 month after the last date treatment was received for which a Cancer Critical Illness benefit was paid

### **Rider Benefits**

**Skin Cancer Rider** - includes diagnosis of basal cell carcinoma and squamous cell carcinoma. Must not have been paid within 365 days. Malignant melanoma and pre-cancerous conditions such as leukoplakia; actinic keratosis; carcinoid; hyperplasia; polycythemia; non-malignant melanoma; moles; and similar diseases or lesions are not covered

**Cardiopulmonary Enhancement Rider** - once per illness per covered person

- **Sudden Cardiac Arrest** - payable if it is the primary diagnosis. Myocardial infarction (heart attack) is not covered
- **Pulmonary Embolism**
- **Pulmonary Fibrosis**

**Second Evaluation, Transportation and Lodging Rider** -

- **Second Evaluation** - must be obtained prior to surgery or treatment and by a physician other than your current physician. One second evaluation per surgery or treatment
- **Non-Local Transportation** - traveling to receive outpatient treatment for a covered critical illness more than 75 miles from home
- **Outpatient Lodging** - while receiving outpatient treatment for a covered critical illness more than 75 miles from home
- **Family Member Lodging and Transportation** - for one adult family member to accompany and care for an incapacitated covered person during non-local hospital stays (more than 75 miles from family member's home) for specialized treatment. Transportation benefit not paid if Non-Local Transportation benefit paid

**Specified Chronic Illness Rider** - must be certified by a physician as having one of the following chronic illnesses: Adrenal Hypofunction (Addison's Disease); Lou Gehrig's Disease (ALS); Arthritis; Huntington's Chorea; Multiple Sclerosis; Muscular Dystrophy; Osteomyelitis; Osteoporosis. Must be unable to perform at least two daily activities for at least 90 days. Daily activities include: bathing, dressing, toileting, bladder and bowel continence, transferring and eating. Benefits paid once per covered person. When all benefits have been used, the coverage terminates

**Specified Chronic Illness or Injury Rider** - must be certified by a physician as having an injury or one of the following chronic illnesses: Adrenal Hypofunction (Addison's Disease); Lou Gehrig's Disease (ALS); Arthritis; Huntington's Chorea; Multiple Sclerosis; Muscular Dystrophy; Osteomyelitis; Osteoporosis. Must be unable to perform at least two daily activities for at least 365 days. Daily activities include: bathing, dressing, toileting, bladder and bowel continence, transferring and eating. Benefits paid once per covered person. When all benefits have been used, the coverage terminates

**Supplemental Critical Illness Rider** - Benefits paid once per covered person. When all benefits have been used, the coverage terminates

- **Advanced Alzheimer's Disease** - must exhibit impaired memory and judgment and be certified unable to perform at least two daily activities without adult assistance. Daily activities include: bathing, dressing, toileting, bladder and bowel continence, transferring and eating

- **Advanced Parkinson's Disease** - must exhibit two or more of the following: muscle rigidity, tremor, or bradykinesia (slowness in physical and mental responses); and be certified unable to perform at least two daily activities without adult assistance. Daily activities include: bathing, dressing, toileting, bladder and bowel continence, transferring and eating
- **Benign Brain Tumor** - a non-malignant tumor limited to brain, meninges, cranial nerves or pituitary gland. Tumors of the skull, pituitary adenomas less than 10mm, and germinomas are not covered
- **Coma** - unconscious and not responsive to external stimulation or responsive to internal needs. Medically-induced coma, coma resulting from alcohol or drug use, and diagnosis of brain death are not covered
- **Complete Loss of Hearing** - permanent loss of hearing in both ears
- **Complete Loss of Sight** - permanent loss of vision in both eyes
- **Complete Loss of Speech** - permanent loss of speech or verbal communication
- **Paralysis** - permanent loss of muscle function in two or more limbs, due to disease or injury. Does not include loss of muscle function limited to fingers or toes
- **Fixed Wellness Rider** - 24 exams. Once per person, per calendar year; see page 6 for a list of wellness services and tests



## Protecting individuals & families for over 60 years

Beneficial insurance coverage to **help you and your family enjoy greater financial peace of mind** when the unexpected happens.

When you choose our  
**Group Voluntary  
Insurance Coverage,**  
we can help give you financial  
peace of mind.

We have been in the business of protecting America's families for over 60 years. Our valuable coverage options help empower people to make the best decisions for their finances and their futures.

Once you've elected coverage, register with our convenient customer service portal, MyBenefits, for anytime access to your coverage details and important documents. MyBenefits also allows you to file claims quickly and easily – and get benefits deposited directly into your bank account (authorization required).

## Fixed Wellness Rider List of Services and Tests

Biopsy for skin cancer; Blood tests for triglycerides, CA15-3 (breast cancer), CA125 (ovarian cancer), CEA (colon cancer), PSA (prostate cancer); Bone Marrow Testing; Sampling of blood or tissue for genetic testing for cancer risk; Chest X-ray; Colonoscopy; Doppler screening for carotids or

peripheral vascular disease; Echocardiogram; EKG; Flexible sigmoidoscopy; Hemocult stool analysis; HPV (Human Papillomavirus) Vaccination; Lipid panel (total cholesterol count); Mammography, including Breast Ultrasound; Pap Smear, including ThinPrep Pap Test; Serum Protein Electrophoresis

(test for myeloma); Stress test on bike or treadmill; Thermography; Ultrasound screening for abdominal aortic aneurysms

## Certificate Specifications

**Eligibility** - Your employer decides who is eligible for your group (such as length of service and hours worked each week). Issue ages are 18 and over.

**Dependent Eligibility/Termination** - Family members eligible for coverage are your spouse or domestic partner and children. Coverage for children ends when the child reaches age 26, unless he or she continues to meet the requirements of an eligible dependent. Spouse coverage ends upon valid decree of divorce or your death. Domestic partner coverage ends when the domestic partnership ends or your death.

**When Coverage Ends** - Coverage under the policy ends on the earliest of: the date the certificate is canceled; the date the policy is canceled; you stop paying your premium; the last day of active employment; you or your class are no longer eligible; a false claim is filed; or when all benefits have been paid under the policy and riders.

**Continuing Your Coverage** - You may be eligible to continue coverage when coverage under the policy ends. Refer to your Certificate of Insurance for details.

## Exclusions and Limitations

**Conditions and Limits** - A diagnosis occurring before your coverage begins is not payable; however, a diagnosis of any covered critical illness or specified disease after your effective date will be payable. Benefits are subject to all limitations and exclusions. All critical illnesses must meet the definitions and dates of diagnoses stated in the policy and be diagnosed by a physician while coverage is in effect.

If the first diagnosis of cancer occurs before the effective date of coverage, benefits are paid for a subsequent diagnosis of cancer after the effective date, subject to the terms and conditions in the certificate.

**Critical Illness Certificate Exclusions and Limitations** - Benefits are not paid for: intentionally self-inflicted injury or action; commission of or attempt to commit a felony or participation in an illegal occupation; suicide while sane, or self-destruction while insane, or any attempt at either; substance abuse, including alcohol, alcoholism, abuse of legally obtained prescription medication, or illegal use of non-prescribed drugs or narcotics; or being under the influence of alcohol or any narcotic or illegal drug, unless administered and taken as prescribed by a physician.

This brochure is for use in enrollments situated in NE. This advertisement is a solicitation of insurance; contact may be made by an Agent, Agency, or Representative of The Standard.

Rev. 1/26. This material is valid as long as information remains current, but in no event later than January 15, 2029.

Group Critical Illness benefits are provided under policy form GVCIP4, or state variations thereof. Critical Illness Rider benefits are provided under the following rider forms, or state variations thereof: Skin Cancer Rider GCIP4SCR; Cardiopulmonary Enhancement Rider GCIP4CER; Second Evaluation, Transportation and Lodging Rider GCIP4SER; Specified Chronic Illness Rider GCIP4SC1R; Specified Chronic Illness or Injury Rider GCIP4SC2R; Supplemental Critical Illness Rider GCIP4SR2; Fixed Wellness Rider GCIP4FWR.

**The coverage provided is limited benefit supplemental critical illness insurance.** The policy is not a Medicare Supplement Policy. If eligible for Medicare, review Medicare Supplement Buyer's Guide available from American Heritage Life Insurance Company.

This is a brief overview of the benefits available under the group policy underwritten by American Heritage Life Insurance Company (Home Office, Jacksonville, FL). Details of the coverage, including exclusions and other limitations are included in the certificates issued. For additional information, you may contact your Representative at The Standard.

**The coverage does not constitute comprehensive health insurance coverage (often referred to as "major medical coverage") and does not satisfy the requirement of minimum essential coverage under the Affordable Care Act.**



The Standard is the marketing name used by American Heritage Life Insurance Company, a subsidiary of StanCorp Financial Group, Inc. [standard.com](http://standard.com) or [standard.com/ahl](http://standard.com/ahl)